items supplied and packaging

Please check first of all that the device is complete and is not damaged in any way. In case of doubt, do not use it and contact your dealer or your service centre.

The following parts are included:

• 1 Rechargeable vibration massage ball
• 1 power supply (for charging) with cable
• 1 instruction manual

The packing are to be reused or recycled. Please dispose of any packaging material no longer required. If you notice any transport damage during unpacking, please contact your dealer without delay.

Warning!

Please ensure that polythene packing are kept away from the reach of children! Risk of suffocation!

The Rechargeable vibration massage ball is a massage role with vibration motor for the best vibration massage. It helps to prevent muscle tension and to regenerate your muscles more quickly (e.g. after an intense workout). The rechargeable vibrating massage ball combines the deep vibration massage with a pressure massage (using your own weight), so that the tensed muscles will be effectively loosened.

CAUTION

Use for a maximum of 10 minutes at a time.

Safety Information

Important information!

Read the instruction manual carefully before using this device, especially the safety instructions, and keep the instruction manual for future use.

You should give this device to another person, it is vital that you also pass on these instructions for use.

Operating Manual

Battery Charging

Before first use the lithium battery should be charged (1 x lithium battery 7.4V 2200mAh) completely. Therefore connect the included power supply to a regular outlet and the other end of the cable to the connection for power supply. To charge the batteries fully, the charging time should be approx. 1.5 hours. During charging, the 5 LED lights are flashing. After the batteries have been charged fully, the LED lights are glowing continuously. You may disconnect the power supply now. With fully charged batteries, you can use the device for a total of approx. 1.5 hours (level 1) or 50 minutes (level 3). If the vibration intensity slows down, stop the application and recharge.

Warning!

If three battery indicators haven’t flashed after six hours continuously charging, unplug the power supplier to avoid danger.

Application with massage function

The rechargeable vibration massage ball provides 1 massage mode and 3 massage intensities, which can be selected by pressing the function button.

1st Level: Press the button, machine begins the vibrating massage, the speed is on the 1st level, one strength light is on.

2nd Level: Press this button again, vibration speed is on the 2nd level, two strength lights are on.

Auto Mode: Press this button for the third time, the vibration moves into auto mode.

3rd Level: Press the button for the fourth time, vibration speed turns into the highest level, four strength lights display. Press the button for the fifth time, the machine will shutdown.

(Tip: A 2 second hold on the function button will shut off the device.)

Cleaning and maintenance

• Before cleaning the appliance, make sure that the appliance is switched off and the power supply unit is disconnected. Allow the unit to cool down.

• Clean the device with a slightly damp sponge only. Never use brushes, aggressive cleaning agents, petrol, thinners or alcohol. Rub the unit dry with a clean dry cloth.

• Never immerse the appliance in water to clean it. To ensure water cannot get into the appliance.

• Wall until the device is completely dry before using it again.

• Unplug any leads in the cable.

• Take care when rolling up the mains lead to avoid damaging it.

You should ideally store the device in its original packaging and keep in a clean, dry place.

Disposal

This product must not be disposed of together with domestic waste. All users are obliged to hand in all electrical or electronic devices, regardless of whether or not they contain toxic substances, to a municipal or commercial collection point as they can be disposed of in an environmentally acceptable manner. Consult your municipal authority or your provider for information about disposal.

Technical specifications

Name and model: Rechargeable vibration massage ball

Voltage supply: Input 5V 60mA 3 watts

Battery specifications: DC 7.4V 2200mAh

Charging time: Approx. 1.5 hours

Automatic switch off: After approx. 10 minutes

Operating conditions: Only use in dry rooms

Dimensions: Approx. ø 8.5 x L3 cm

Weight: Approx. 0.3 kg

In accordance with our policy of continual product improvement, we reserve the right to make technical and optical changes without notice.

Introduction

Thank you for purchasing the Rechargeable vibration massage ball. Please read the user manual carefully and keep it in a safe place for future reference.

Package Contents

• 1 x Rechargeable vibration massage ball
• 1 x User Manual
• 1 x Power supply (for charging) with cable

Product diagram

1. Connection for Power Supply
2. Function button
3. 1st Level
4. 2nd Level
5. Auto Mode
6. 3rd Level
7. Battery Charging
8. Power Plug

Explanation of symbols

This instruction belongs to this device. It contains important information about starting up and operation. Read the instruction manual thoroughly.

Warning!

These warning notes must be observed to prevent any injury to the user.

CAUTION

These notes must be observed to prevent any damages to the device.

NOTE

These notes give you useful additional information on the installation or operation.

Specific groups of people

This appliance can be used by children aged 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.

Children must be supervised to ensure that they do not play with the device.

Do not use this unit to supplement or medical purposes.

Chronic complaints and symptoms may be made worse.

Do not use the appliance near organs or near any other sensitive areas.

If you experience any pain or discomfort during the massage, stop immediately and consult your doctor.

Before using the device, consult your doctor regarding any unexplained pain or if you are undergoing medical treatment or using medical equipment.

Before using the device in damp rooms or if it was connected. Wait until the appliance has been given supervision or instruction c

Cleaning and user maintenance should not be done by children without supervision.

Do not immerse the device in water or other fluids.

If fluid should seep into the device, switch it off immediately and unplugging it if it was connected. Wait until the appliance has dried completely.

Safety Information

Important information!

Keep for future use!

Read the instruction manual carefully before using this device, especially the safety instructions, and keep the instruction manual for future use.

You should give this device to another person, it is vital that you also pass on these instructions for use.

Connecting the device for charging so that the power plug is freely accessible.

Always switch off the appliance after using the function button.

Always connect the unit from the power supply, always pull the plug out of the socket. Do not pull on the cable!

Do not carry, pull or twist the device on the cable or the power supply unit.

If you must not continue to use the unit if the lead or the mains plug is damaged. For safety reasons, these parts should only be replaced by authorized service personnel. In order to prevent hazards, always send the unit in to the service center.

Ensure that the cable will not cause tripping. The cable should not be kinked, trapped or twisted.

The integrated batteries are not designated for exchange or medical purposes. If you have health concerns, consult your doctor before using the device.

Do not apply the appliance to the skin or to the power supply unit.

Check the power supply unit, cable and device carefully for damage before each use or charging. Do not attempt to use a defective unit.

If applied to head, neck or upper back we recommend you

Only use indoors!

Do not use the device in damp rooms (e.g. when bathing or showering).

Safety Information

Before using the unit

• Check the power supply unit, cable and device carefully for damage before each use or charging. Do not attempt to use a defective unit.

• Do not use the appliances if, or the power cord show signs of damage, if it is not in perfect working order, or if it has been dropped or become damp. In order to prevent hazards, always send the unit in to the service center.

• Use a protective device in damp rooms.

The device must only be used for its intended purpose as described in the instruction manual.

Using the unit for any other purpose invalidates warranty.

• Use the appliance in the proper place, as described in the service centre.

• Do not use the appliance while you are asleep or when you are lying in bed.

• Do not use the appliance before going to sleep. The massage has a stimulating effect.

• Never use the appliance while driving a vehicle or operating a machine.

• The maximum operating time for one session is 10 minutes.

• After this time is exceeded, the product automatically switches off.

CAUTION

Use for a maximum of 10 minutes at a time.

Safety Information

1. Safety information

Let the motor cool down for several minutes, before you switch on the product again.

Never leave the unit unattended if it is connected to the power supply (for charging the batteries)

Do not allow the appliance to come into contact with pointed or sharp objects.

Do not cover up the appliance when it is switched on. Never use it under blankets or cushions. There is a risk of fire, electric shock or injury.

If applied to head, neck or upper back we recommend you switch off the vibration massage

The integrated batteries are not designated for exchange or removal by the end user. If problems with the power supply should occur, contact the service centre.

You may only clean the device yourself. If the device malfunctions please do not repair it yourself as this will invalidate your warranty. Ask your specialist dealer and have repairs carried out by the service.

Cleaning and user maintenance should not be done by children without supervision.

Do not immerse the device in water or other fluids.

If fluid should seep into the device, switch it off immediately and unplugging it if it was connected. Wait until the appliance has dried completely.

Before cleaning the appliance, make sure that the appliance is switched off and the power supply unit is disconnected. Allow the unit to cool down.

Clean the device with a slightly damp sponge only. Never use brushes, aggressive cleaning agents, petrol, thinners or alcohol. Rub the unit dry with a clean dry cloth.

Never immerse the appliance in water to clean it. To ensure water cannot get into the appliance.

Wall until the device is completely dry before using it again.

Unplug any leads in the cable.

Take care when rolling up the mains lead to avoid damaging it.

You should ideally store the device in its original packaging and keep in a clean, dry place.

CAUTION

Use for a maximum of 10 minutes at a time.